**SUMMER MOUNTAIN LEADER TRAINING PROGRAMME**

Please note that the programme described below is provisional. Course and participant needs, weather and conditions will necessitate some changes. This programme should be viewed in conjunction with the syllabus contained in the Mountain Leader Handbook.

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| **Day** | Content | **EARLY EVENING** | **LATE EVENING** |
| **1** | **Personal Intros**Intro to the training, aims and syllabus. * **Mountain Training, the walking awards and Mountain Leader**

**1&2. Group Management and the Responsibilities of the Group Leader*** “Role, Qualities and techniques of Summer Mountain Leadership” Including leadership models.

7. Navigation: use of the compass, map, different map scales and types, electronic mapping devices, GPS and smart phones. | **Talk**Leadership Model |  |
| **2** | **4. Hazards & Emergency Procedures****Talk: 3. Weather I:** An intro to mountain weather.**4.1&2 Hazards of Steep Ground:** A practical session looking at the nuts and bolts of emergency rope work. Includes methods of belaying, anchor selection, rope systems and rope management.**4.5-13 Emergency procedures:** A practical session to explore how we can use hillwalking equipment to look after an injured member of the party, this includes making an emergency stretcher.**4.4 Water Hazards:** A practical session lookingat planning to identify and avoid water hazards as well as the skills for dealing with water hazards. | **Self Programmed:** Rope skills on boulder mountain. |  |
| **3** | **Mountain Journey Day****Talk: 3. Weather II:** Using your weather knowledge.**This day will give individuals the opportunity to lead on a hill walk and therefore covers most of the syllabus.** This will include; planning, route choice, group pace & management, mountain history, environment & education, navigational techniques & equipment, emergency procedure scenario. Candidates 5 min environmental presentation. | **Talk:** Legal liability |  |
| **4** | **Mountain Steep Ground Journey Day****4.1&2 Hazards of Steep Ground.** A mountain journey looking at route choice and group management on steep ground. The day will also include scenarios allowing group management issues (both roped and unroped) to be covered.  | Collect Exped Equipment & Rations. Pack for Exped |  |
| **5** | **8. Expedition Skills**An expedition that will require all the skills of a mountain leader. There will be an emphasis on Group Management & Leadership (1&2), Mountain Navigation (7), Expedition Skills (8) and Access, Teaching & Learning (9) conservation and the Environment (10).  | Camp management & Campcraft | Night Navigation if required |
| **6** | **Expedition Continued –** Mountain Leadership, Mountain Navigation Return to GL approx. 1430 hrs. Clean and return stores equipment.Course Review – an opportunity for participants to share their experiences of the week. Between Training & Assessment1:1 Debriefs using self-appraisal forms on how best to consolidate their experiences of the course with a view to eventual assessment. |  |  |